

2008 Spring USA Diving East Championships
April 25-27, 2008
(Sanction # Pending)

Meet Director:

John Wolsh
5900 Executive Blvd.
North Bethesda, MD 20874
jwdive@gmail.com

Register Online at:

www.divemeets.com

Meet Managers- Keller Shinholser and Tracey Powell

Dates: April 25-27, 2008

Location:

Montgomery Aquatic Center
5900 Executive Blvd.
North Bethesda, MD 20874

Practice Schedule:

Thursday April 24- Open Practices 11:30 AM – 8 PM and 8:30-10 PM

Coaches Meeting: 8-8:30 PM in Meeting Room at the pool

Coaches:

A reminder that you must meet all USA Diving safety certification requirements to be allowed on deck at USA Diving events. This will be strongly enforced in 2008. For more information on the requirements, please [click here](#). To see when safety training classes are offered, [click here](#).

Event Schedule:

Friday April 25- Warm-up 8 AM-2:30 PM - open 8-11:30 then assigned groups

Events:

- 1- 11 & under Boys 3m & 11 & under Girls 1m 3 PM-4:30 PM
- 2- 12-13 Girls 3m & Boys 1m 5-6:45 PM
- Opening Ceremonies 7-7:15
- Rip contest- 7:15-7:30
- Practice- 7:30-9:30 PM – Assigned groups

Saturday April 26- Warm-up 6:30 AM- 9 AM - Assigned groups

Events:

- 3- 11 & under Boys 1m & Girls 3m 9-10:30 AM
- 4- 12-13 Girls 1m & Boys 3m 11 AM-12:45 PM
- 5- 14-15 Boys 1m & Girls 3m 1:15 PM-3:30 PM
- 6- 16-18 Boys 3m & 16-18 Girls 1m 4-6:30 PM
- Practice for 2 hours after the events (approx. 6:30-8:30 PM) assigned groups

Sunday April 27- Warm-up 7-9 AM - Assigned groups

Events:

- 7- 14-15 Girls 1m & Boys 3m 9-11:15 AM
- 8- 16-18 Boys 1m & Girls 3m 12:30-3 PM

Hotels:

THS Company, the Official Housing Service for USA Diving, has reserved hotel room blocks close to the venue at very good rates. To make hotel reservations, please click on the following link:

<http://www.ths-usad.com> You can also make reservations by calling THS at 888-536-TEAM (8326)