

2008 USA Diving Spring Junior Region I Championships

(Sanction # 1-100)

Date:	Saturday-Sunday, April 5-6, 2008
Meet Director:	Keith Miller • (617) 496-8790 • 60 Cushing Street • Waltham, MA 02453-0411
Meet Registration:	www.divemeets.com
Location:	Boston University Fitness and Recreation Center • 915 Commonwealth Avenue, Boston, MA 02215
Facility:	Two 1-meter and two 3-meter Model "B" Maxiflex springboards, all on short stands. Separate diving area, 13.5 feet deep.
Coaches' Meeting:	Friday, April 4, 4:30 p.m., on the pool deck.
Coaches:	A reminder that you must meet all USA Diving safety certification requirements to be allowed on deck at USA Diving events. This will be strongly enforced in 2008. For more information on the requirements, please click here . To see when safety training classes are offered, click here .
Practice Times:	Friday, April 4 5:00 – 8:00 p.m.: Open boards. Saturday April 5: Open warmup, 7:00 – 7:45 a.m. Group warm ups (30 minutes) 7:45 - 9:15 a.m. Boards closed to first event at 9:15 a.m. Open warmup on Saturday FOR 90 MINUTES, after the conclusion of the final event. Sunday, April 6: Group warm up (30 minutes), 7:00 - 8:30 a.m. Boards closed to first event at 8:30 a.m. There will be <u>at least</u> 45 minutes of warmup before each event, but up to 1 hour for longer events.
Event Schedule:	All events will be run simultaneously. Saturday, April 5: <u>Event #1 to begin at 10:00 A.M.</u> Event #1: Boy's 9 & U, 10/11 & 12/13 3M, with Girl's 9 & U, 10/11 1M Event #2: Girl's 12/13 1M, with Girl's 14/15 3M Event #3: Girl's 16-18 1M, with Boy's 14/15 and 16-18 3M Sunday, April 6: <u>Event #4 to begin at 9:00 A.M.</u> Event #4: Boy's 9 & U, 10/11 & 12/13 1M, with Girl's 9 & U, 10/11 3M Event #5: Girl's 12/13 3M, with Girl's 14/15 1M Event #6: Girl's 16-18 3M, with Boy's 14/15 and 16-18 1M
Lodging:	THS Company, the Official Housing Service for USA Diving, has reserved hotel room blocks close to the venue at very good rates. To make hotel reservations, please click on the following link: http://www.ths-usad.com . You can also make reservations by calling THS at 888-536-TEAM (8326)
Transportation:	The Boston area is served by all major airlines coming to Logan International Airport.
Directions:	http://fitrec.bu.edu/facilities/fitrec/directions.html